



The Equus Effect

PLEASE JOIN US ...

Learn how to settle down, renew your energy, restore your composure, and reset your emotions with our horses.

- * Seven years with veterans and first responders has taught us a lot.
- * We know about the impact of stress on the nervous system.
- * We know about dealing with uncertainty.

Let us show you ways to move forward with clarity and calm ...
grace and dignity.



NO HORSE EXPERIENCE NECESSARY NO RIDING INVOLVED
NO CHARGE TO FRONTLINE WORKERS AND STAFF

For more info call Jane Strong at 860-364-9985

TheEquusEffect.org
programs@theequuseffect.org

The Equus Effect is a registered 501(c) (3) charitable organization.

RESET * RENEW * RESTORE